

COOPERATIVE EXTENSION WORK IN AGRICULTURE AND HOME ECONOMICS

United States Department of Agriculture

University of Arizona

College of Agriculture

Cooperating

SUPPLEMENTARY ANNUAL NARRATIVE REPORT

August 20 to November 30, 1954

Mildred O. Eaton, Home Demonstration Agent

Graham County, Safford, Arizona

Date December 9 1954

Signed Mildred O. Eaton
Home Demonstration Agent
Graham-Greenlee Counties

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
STATE OF ARIZONA
—
SAFFORD

December 9, 1954

UNIVERSITY OF ARIZONA
COLLEGE OF AGRICULTURE
U. S. DEPARTMENT OF AGRICULTURE
AND GRAHAM COUNTY COOPERATING

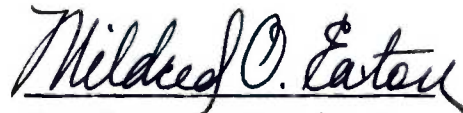
AGRICULTURAL EXTENSION SERVICE
HOME DEMONSTRATION WORK
COUNTY AGENT WORK

To the

Director of Agricultural Extension Service,
State Leader of Home Economics Extension
Service, Assistant Director of Extension
in Arizona and Graham County Homemakers'
Council:

The following is a supplementary report of Home Economics
Extension Work in Graham County from August 15 to November
30, 1954. It is as accurate as I have been able to make it
at this time.

Respectively submitted,



Home Demonstration Agent
In Graham & Greenlee Counties

TABLE OF CONTENTS

	<u>Page</u>
SITUATION IN THE COUNTY	1
EXTENSION ORGANIZATION & PLANNING	1
Personnel Changes	1
County Council	1
Assistance from State Leader	1
Chart - County Organization of Home Demonstration Work	2
County Map showing location of Homemakers and 4-H Clubs	3
PROGRAM PLANNING	4
1953 - 1954 Program Booklet	4
Council Meeting	5
Recommendations made by the County Council	5 - 8
Bi-County Committee	9
Work of Home Demonstration Agent	9
Work of State Leader	9
INFORMATION PROGRAM	10
Newspapers	10
Copy of Column by Home Demonstration Agent	10
Radio	11
PROJECTS	11
Food Preservation & Storage	11
Health & Safety	12
Clothing & Textiles	12
OUTLOOK	13
RECOMMENDATIONS	14
SUMMARY OF 4-H CLUB WORK	16

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GRAHAM COUNTY
HOME ECONOMICS EXTENSION SERVICE
SUPPLEMENTARY NARRATIVE REPORT

SITUATION IN THE COUNTY

Given in the Home Demonstration Agent's Report for December 1, 1953 to August 15, 1954.

EXTENSION ORGANIZATION and PLANNING - Adult

Personnel Changes

Graham County was without a Home Demonstration Agent from August 16, to October 1, 1954.

Mildred O. Eaton started work as Home Demonstration Agent October 1, 1954.

County Council Meeting

The County Council held their Fall Bi-annual Meeting in September. Reports were made by the secretary and treasurer. New officers were elected as follows:

President - Mrs. Donna Curtis, Thatcher
Vice-President - Mrs. Charlotte Weathersby, Aravaipa
Secretary & Treasurer - Maybell Carpenter, Eden
Reporter - Gertrude Pointer, Thatcher

The president of each extension club will serve as the County Council for the coming year. These will change in January after the clubs elect new officers.

Assistance From State Leader

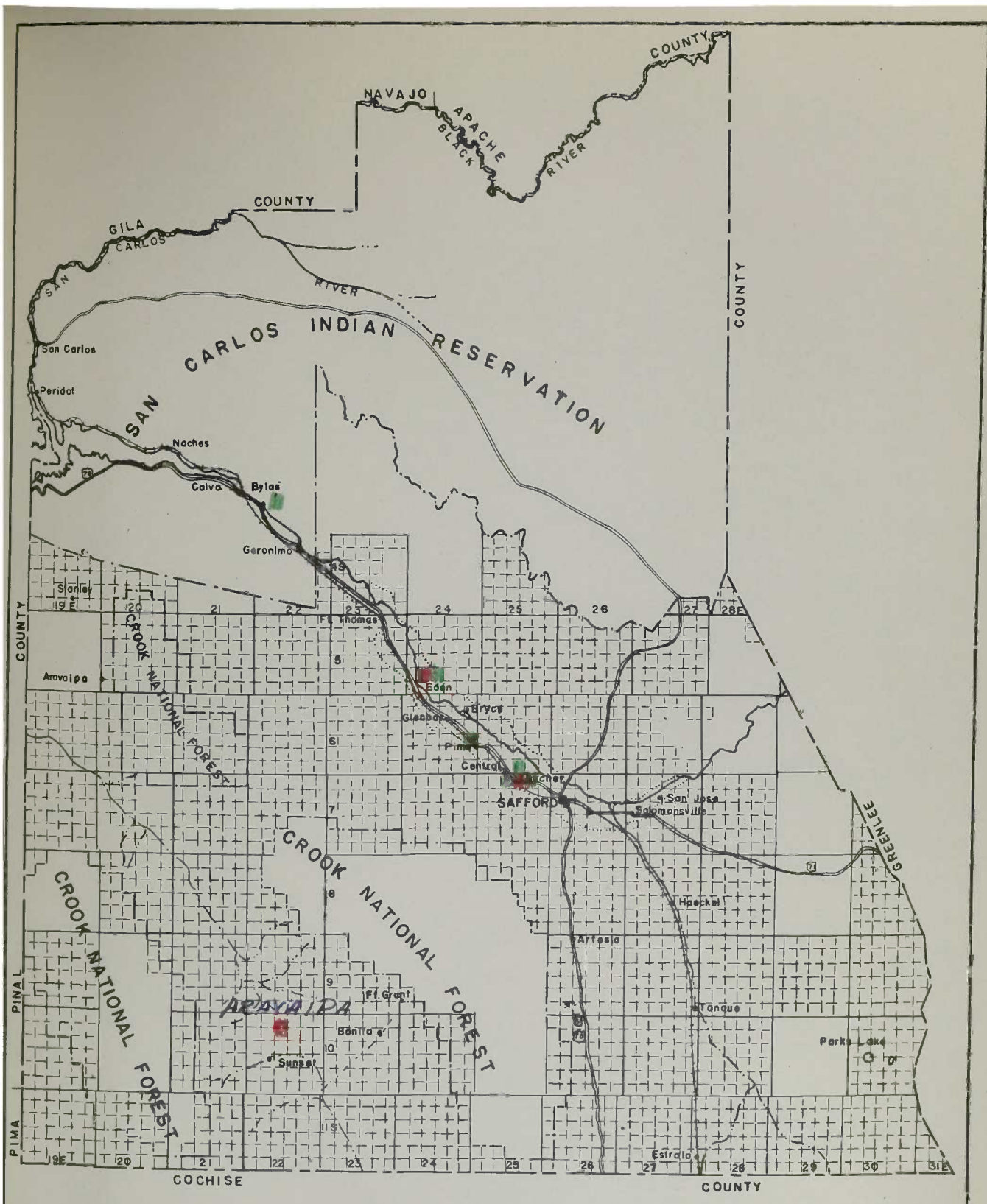
Miss Jean Stewart, State Leader of Home Economics Extension Service, University of Arizona, met with the County Council and assisted them in discussing plans for the coming year.



Miss Stewart spent three days in the office with the new Home Demonstration Agent assisting her in becoming familiar with Arizona Extension policies and procedures, and with Graham County office and county personnel.

COUNTY ORGANIZATION OF HOME DEMONSTRATION WORK

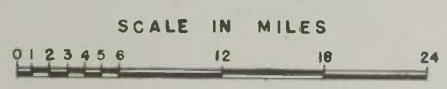
County	Number of Communities Carrying Adult & Work	Homemaker Clubs		L.D.S.* Groups		Farm Bureau		Other		L-H	
		No.	Enrollment	No.	Enrollment	No.	Enrollment	No.	Enrollment	No.	Enrollment of Girls
Apache											
Cochise											
Cocconino											
Gila											
Graham	3	3	38	4	85	0		1	20	6	37
Greenlee	4	4	76	2	66	0		1	16	4	75
Maricopa											
Navajo**											
Pima											
Pinal											
Santa Cruz											
Yavapai											
Yuma											
TOTALS	7	7	114	6	151	0		2	36	10	112

*Latter Day Saints Relief Societies.
**Includes U.S. Indian Service and LDS Relief Societies which co-operate.



-  HOMEMAKER CLUBS
-  HOME ECONOMICS 4-H CLUBS

GRAHAM COUNTY, ARIZONA



PROGRAM PLANNING

TODAY'S HOME
BUILDS
TOMORROW'S
WORLD



G R A H A M - G R E E N L E E C O U N T Y

H O M E M A K E R S '

P R O G R A M

1 9 5 4



HOMEMAKERS' CLUBS
GRAHAM AND GREENLEE COUNTIES

Under direction of College of Agriculture
University of Arizona
Agricultural Extension Service

Charles U. Pickrell, Director

Jean M. Stewart, State Leader Home Demonstration Work

Specialists:

Helen L. Church, Clothing
Grace Ryan - Home Management
Elsie Morris, Foods

4-H Club Office

Ellen Kightlinger
Acting State Leader

John L. Sears

County Agricultural Agent - Graham County

Roy B. Jeter

County Agricultural Agent - Greenlee County

Virginia E. Twitty

Home Demonstration Agent, - Graham, Greenlee Counties

Name of Club Member

Name of Club

Day of Meeting

TABLE OF CONTENTS

Arizona Homemakers' Creed	1
A Club Member's Prayer	1
The Preamble	2
The Pledge to Our Flag	2
County Council Officers	2
Club Officers and Committees	3
Club Enrollment	3
January	4
February	4
March	5
April	5
May	6
June	6
July	7
August	7
September	8
October	8
November	9
December	9
Calendar of Events	10
Schedule of Homemaker Meetings	11
Follow the Gleam	11
God Bless America	12
Lovely Evening	12
Clementine	12
Happy Days	12
Upward Trail	13
Auld Lang Syne	13
Sing Your Way Home	13
Requirements for Standard of Achievement	14, 15
1954 Calendar	16

ARIZONA HOMEMAKERS' CREED

- To live as humbly as I can
- To take what comes of good or evil and grow by my experience into a better and more understanding person.
- To cling to the Faith which I possess and live each day a little better than the day before
- To see others through their eyes and not through my own
- To be blind to the faults and see only the fine in every life
- To so live that I have no need of secret places to hide that which I would not have my friends know
- To live the same when I am alone as I do before the world
- To be exactly what my very best friend thinks I am
- To honor the teachings of my parents and when I am called to leave the sphere of action, to live in the memory of someone as a true friend.

Mrs. Lila Newell.

A CLUB MEMBER'S PRAYER

Help us, O Lord, that we, as women may realize our service to our homes and communities in a threefold way:

As true and loyal wives in every path of married lives;

As kind and loving mothers who will guard, carefully the morals, health, and efficiency of the little lives Thou has entrusted to our care.

And as faithful and thoughtful sisters both at home and elsewhere; ever ready to extend a helping hand in the interests of humanity's needs in every walk of life and in any and every community.

THE PREAMBLE

To the Constitution of the United States, we the people of the United States in order to form a more perfect union, establish justice, insure domestic tranquility, provide for the common defense, promote the general welfare, and secure the blessings of liberty to ourselves, our posterity, do ordain and establish this Constitution of the United States of America.

~~THE PLEDGE TO OUR FLAG~~

~~I pledge allegiance to the flag of the United States of America, and to the Republic for which it stands. One Nation, indivisible, with Liberty and Justice for all.~~

COUNTY COUNCIL OFFICERS

Graham:

President: Belle Bryce, Thatcher
Vice-Pres. Charlotte Weathersby, Klondyke
Sec. Tres. Mary Clearance, Safford
Reporter Gertrude Pointer, Thatcher

Greenlee:

President: Linnie Hoverrocker, York
Vice-Pres. Lucy Campbell, Morenci
Secretary Marjorie Boren, Plantsite
Treasurer _____ to be replaced
Reporter Carhelle Ross, Clifton

CLUB OFFICERS AND COMMITTEES

President _____
Vice President _____
Secretary _____
Reporter _____
Recreation _____

LEADERS:

Foods: _____

Clothing: _____

Home Mgt.: _____

Health: _____

CLUB ENROLLMENT

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____
13. _____
14. _____
15. _____
16. _____
17. _____
18. _____

JANUARY

Roll call: What I can do to help my club in 1954

Date _____ Place _____

Hostess _____ Leaders _____

Subject: Fill in year books; send completed book to
county office

Nothing turns out right unless somebody makes it
his job to see that it does.

FEBRUARY

Roll call: A sewing hint I find helpful

Date _____ Place _____

Hostess _____ Leaders _____ Agent _____

Subject: 4-H Club Methods of Seams and Finishes
(Given to clubs by agent)

Let us not concern ourselves about how other men
do their duty, but concern ourselves about how we
shall do ours.

MARCH

Roll call: My family's favorite meat dish.

Date _____ Place _____

Hostess _____ Leaders _____

Subject: Less Known Cuts of Meat

Leader training; Foods leaders
Greenlee March 9
Graham March 10

APRIL

Roll call: A problem I have with care of floors.

Date _____ Place _____

Hostess _____ Leaders _____

Subject: Floor Finishes and Coverings

Leader training; Home Management leaders
Greenlee - April 1
Graham April 2

COUNTY COUNCIL MEETING

Greenlee April 12
Graham April 14

Even if you are on the right track, you will get run over if you just sit there.

MAY

Roll call: A health measure I practice

Date _____ Place _____

Hostess _____ Leaders _____

Subject: _____
(Health lesson arranged by the club)

Examine yourself before someone else examines you.

JUNE

Roll Call: My greatest problem in washing and ironing

Date _____ Place _____

Hostess _____ Leaders _____

Subject: Easier Ways of Washing and Ironing

Leader training: Home management leaders

Greenlee June 9

Graham June 10

COUNTRY LIFE CONFERENCE * Tucson June 14 to 17

The trouble with "give till it hurts" is
some people hurt so easy

JULY

Roll call: A home safety hint

Date _____ Place _____

Hostess _____ Leaders _____ Recreation _____

National Safety Week during the month

Everything comes to him who waits - and hustles
while he waits

AUGUST

Roll call: The book I most enjoyed reading

Date: _____ Place _____

Hostess: _____ Leaders _____

Subject: _____

(To be selected and arranged by club)

Lesson suggestions:

Book review, hobbies, legal status of women etc.

4-H Club Camp

4-H Club Leaders' Conference

It is not the whistling that makes the locomotive go,
it is the silent steam.

SEPTEMBER

Roll call: My greatest sewing problem

Date _____ Place _____

Hostess _____ Leaders _____

Subject: Better Dresses _____

Leader training:

Week of Sept. 13th - meetings to be arranged

Week of Sept. 27th - meetings to be arranged

COUNTY COUNCIL MEETINGS

Greenlee - Sept. 8

Graham Sept. 9

4-H CLUB ACHIEVEMENTS

OCTOBER

Roll call: Why I am glad to be a homemaker club member

Date _____ Place _____

Hostess _____ Leaders _____

Subject: Better dresses

Leader training:

Week of October 11th - meeting to be arranged

Time to reorganize 4-H clubs

NOVEMBER

Roll call: My favorite frozen food

Date _____ Place _____

Hostess _____ Leaders _____ Agent _____

Subject: Making your food freezer work for you

THANKSGIVING - November 25

Sympathize with the world. Do not allow yourself to grow old in thought or feeling. Educate yourself for a charming old age, there is not time to lose.

DECEMBER

Roll call: The thing I enjoy most about Christmas

Date _____ Place _____

Hostess _____ Leaders _____ Recreation _____

Subject: Christmas party - Election of officers

In religion two things should happen
Something should happen IN us,
and something should happen THROUGH us.
Joseph Fort Newton.

CALENDAR OF EVENTS

January	Program planning in clubs
February	4-H Seams and Finishes in clubs Lincoln's Birthday, 12; Founder's Day, 14 Washington's Birthday, 22
March	Less Known Cuts of Meat; LTM Greenlee March 9, Graham, 10 National 4-H Club Week, 6-14
April	Floor Finishes and Coverings, LTM Greenlee April 1; Graham, 2
	<u>COUNTY HOMEMAKERS' COUNCIL</u>
	Greenlee April 13, Graham, 14 Easter, April 18
May	Health lesson in clubs National Home Demonstration Week Mother's Day - May 9, 4-H Sunday, 9 Memorial Day - 30
June	Easier Ways of Washing, Ironing, LTM Greenlee June 9; Graham, 10 4-H Roundup - June 1-5
	COUNTRY LIFE CONFERENCE: Tucson, Ju. 14-17
	Father's Day, June 20
July	Club picnics - Independence Day, July 4
August	4-H Camp; Leaders' Conference, Flagstaff
September	Better Dresses - LTM Week of Sept. 13th and 27th
	<u>COUNTY COUNCIL MEETINGS</u>
	Greenlee Sept. 8, Graham - 9 4-H club achievements
October	Better Dresses LTM Week of Oct. 11th (U.N. Day Oct. 24)
November	Making Your Freezer Work for You State Fair
	Armistice Day 11 - Thanksgiving - 26
December	Christmas parties Election of officers

SCHEDULE OF HOMEMAKERS' MEETINGS

First and third Tuesday	Plantsite 2:00
Fourth Tuesday	Clifton 7:30
Second and Fourth Wednesday	York 2:00
Third Wednesday	Aravaipa 10:30
Fourth Wednesday	Safford 3:00
Third Thursday	Morenci 1:00
Third Friday	Eden 2:00
Fourth Friday	Thatcher 3:00

S O N G S

FOLLOW THE GLEAM

To the Knights in the days of old,
Keeping watch on the mountain height,
Came a vision of Holy Grail,
and a voice through the waiting night,
Follow, follow, follow the gleam,
Banners unfurled o'er all the world,
Follow, follow, follow the gleam
of the Chalice that is the Grail.

And we who would serve the King,
and Loyally him obey,
In the consecrate silence know
That the challenge still holds today,
Follow, follow, follow the gleam
Standards of worth, o'er all the earth,
Follow, follow, follow the gleam
Of the light that shall bring the dawn.

GOD BLESS AMERICA

God bless America, land that I love,
Stand beside her and guide her
Through the night with a light from above,
From the mountains, to the prairies,
To the ocean, white with foam,
God Bless America, my home sweet home.

LOVELY EVENING

Oh, how lovely is the evening, is the evening,
When the bells are sweetly ringing, sweetly
ringing,
Ding, dong, ding, dong, ding, dong.

CLEMENTINE

In a cavern by a canyon,
Excavating for a mine.
Dwelt a miner, forty-niner,
And his daughter Clementine.

CHORUS:

Oh, my darling, O my darling,
Oh my darling, Clementine,
Thou art lost and gone forever,
Dreadful sorry, Clementine.

Light she was and like a fairy
And her shoes were number nine
Herring boxes without topses,
Sandals were for Clementine.

HAPPY DAYS

Happy days to all those that we love!
Happy days to all those that love us!
Happy days to all those that love them
that love those that love them that love
those that love us.

UPWARD TRAIL

We're on the upward trail. We're on the upward trail.

Singing, singing, ev'rybody singing, as we go!
We're on the upward trail! We're on the upward trail!

Singing, singing, ev'rybody singing, homeward bound!

AULD LANG SYNE

Should auld acquaintance be forgot, and never
bro't to mind

Should auld acquaintance be forgot, and days of
auld lang syne?

CHORUS:

For auld lang syne, my dear, for auld lang syne;
we'll tak' a cup o' kindness yet for auld lang syne.

And here's a hand, my trusty friend and gie's a
hand o' thine;

we'll tak' a cup o' kindness yet, for auld lang syne.

SING YOUR WAY HOME

Sing your way home at the close of the day,
Sing your way home, drive the shadows away.
Smile ev'ry mile, for wherever you roam
It will brighten your road, it will lighten
your load, if you sing your way home.

STANDARD OF ACHIEVEMENT
(Requirements for Certificate of)

A certificate of achievement will be granted by the Agricultural Extension Service of the University of Arizona to all clubs on application fulfilling at least 10 of the following conditions, the first 7 of which must be met:

1. One meeting a month during the club year with a majority of the active members present
2. Each member passing on to at least one non-member some definite information
3. Appointed representatives attending at least $3/4$ of all county meetings (such as the group training, county council, achievement days)
4. Project leaders relaying the demonstrations set up in the club program to the group and sending the leader's report to the county office
5. Letting others know what your club is doing by holding or taking part in a county or club achievement day, tour, or exhibit
6. The secretary keeping satisfactory minutes and making necessary reports of membership, officers, project leaders and meetings to the county office as requested
7. Business meeting according to order of business in the secretary's book for homemaker clubs

Select any 3 or more of the following:

8. Interesting parents in 4-H club work and offering your assistance in any activity suggested by the 4-H club leaders or agent
9. Have a health chairman who helps all families in the community to know sources of assistance and to secure publications on caring for or understanding personal and community health problems

10. Have a reporter who gets at least 2 stories of the club into the newspaper
11. Have a recreation leader, or separate game and song leaders who provide at least one form of recreation for each club meeting and assist with recreation at community good times sponsored by the club
12. Have one book review or reading a play
13. All meetings starting and ending on time

1954 CALENDAR

Jan.						
					1	2
3	4	5	6	7	8	9
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31						

Feb.						
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21	22	23	24	25	26	27
28						

Mar.						
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21	22	23	24	25	26	27
28	29	30	31			

Apr.						
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

May						
						1
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

June						
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27	28	29	30			

July						
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25	26	27	28	29	30	31

Aug.						
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Sept.						
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26	27	28	29	30		

Oct.						
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17	18	19	20	21	22	23
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31						

Nov.						
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20

Dec.						
		1	2	3	4	
5	6	7	8	9	10	11
12	13	14	15	16	17	18

County Council Meeting

The County Council met in September to plan the program for 1955. Miss Jean Stewart, State Leader, guided the discussion and assisted the ladies in selecting lessons and activities of value to the majority of the homemakers. Interests and needs of all club members were considered in making the selections. Since the program is the same for both Graham and Greenlee Counties, two ladies were appointed to meet with the representatives of the Greenlee County Council to make the final selection of lessons and activities for 1955.

A copy of the program selected by the County Council is enclosed.

RECOMMENDATIONS FOR THE HOMEMAKERS' PROGRAM

FOR 1955

September 8, 9, 1954

A committee of homemakers from each council will meet in October to recommend the bi-county program.

FOODS AND NUTRITION

Graham County

1. We would like to have a variety of menus for breakfast, dinner, and supper for several weeks; also shopping lists for each week
2. Proper methods of cooking for good nutrition; pressure saucepan, waterless or other cooking methods

Greenlee County

1. One dish meals and salads
2. Meals for the entire family (low in calories)

Problems recognized by one or both counties were:

Homemakers are busy people - they would like to learn how to cut down the time necessary for meal preparation

Good nutrition must be planned

4-H club members are not eating adequate diets - the record of foods eaten for a week show that milk is often less than 1 pint, let alone a quart, foods are poorly selected, breakfasts are inadequate

Homemakers want new ways of doing things

Getting the family to eat the right food - bringing about acceptance of certain foods ; this is a family problem, not just the children alone

Food needs for various ages and pregnancy

Need for better breakfasts

Gaining skill in bread making

CLOTHING

Graham County

1. Self styling and decorative details and finishes
2. New ideas for making Christmas gifts
3. Learning new fabrics and how to care for them

Cleaning and adjusting sewing machines

(2 and 3 were tied and on a revote 2 had the majority vote)

Greenlee County

1. Individual styling (including accessories, hats, shoes, purses, undergarments)
2. Finishes and decorative stitches and trims

Problems recognized by one or both counties were:

Children's clothing - what to make, what to buy; shoes

How to select the style best for the individual

Construction techniques

number of homemakers without sewing skills

HOME MANAGEMENT

Graham County

1. Legal points of family relations that every family should know
2. Refinishing furniture
3. How to set up a simple bookkeeping system

Greenlee County

1. Follow up on laundry, dampening, ironing, and folding
2. Home accessories, shadow boxes, etc.

Problems recognized by one or both counties:

The need for the wife to be familiar with her husband's
business and to know her legal status

Laundry is a daily task, how to apply good management principles
to this task

Many walls have been repainted with various types of paints;
how do you prepare old walls for painting

The housewife has many inefficient tools

HEALTH AND COMMUNITY ACTIVITIES

Graham County

1. Cancer films
2. First aid or home nursing

Greenlee County

1. Control of bleeding
2. Care of burns

Problems recognized by one or both counties:

Knowledge of cancer is needed by both men and women
The Homemakers' Council should sponsor the county wide showing
of cancer films at meetings where both men and women are present

Home nursing and first aid are skills needed for daily living
as well as in emergency

How to replace coke machines with milk dispensers in the schools.
The income received from this source would have to be secured
some other way

Securing the support of the coach or teacher on getting children
to eat the proper foods.

Bi-County Committee Meeting

The representatives of the Graham and Greenlee County Councils met with the State Leader and Home Demonstration Agent in October and made final selection of lessons and activities for the 1955 program. Selections made by their County Councils were considered and followed in making final decisions.

The following lessons were chosen for the 1955 program:

Clothing

- "Individual Styling"
- "Decorative Stitches & Trims"
- "Cleaning & Adjusting the Sewing Machine"

Foods & Nutrition

- "Menus for the Entire Family"
- "Shopping to Save"

Home Furnishings

- "Renovation of Furniture" (particular phase to be determined)

Home Management

- "How to Keep Home Accounts"
- "Laundry Methods & Equipment" - follow-up lesson

Health

- "First Aids in the Home"

Work of the Home Demonstration Agent

The Home Demonstration Agent recorded the suggestions of things the ladies wanted included in each lesson. This information will be used in planning, so that each lesson will be built around the interest and needs of the homemakers.

The Home Demonstration Agent arranged the lessons and activities for each month, and organized the "lesson content". Copies of this material was sent to the state office with requests for specialist help.

Work of the State Leader

Miss Jean Stewart, State Leader of Home Economics Extension Service met with the County Council in September and the Bi-County Committee in October and assisted them in thinking through the needs and interests of homemakers and in selecting lessons that would meet some of these needs.

The State Leader discussed the final program with the Home Demonstration Agent and assisted in arranging it into months.


The State Leader set up the schedule for specialist help in Graham County.

INFORMATION PROGRAM

Newspapers

Six weekly column "For Homemakers" was printed during October and November in the Graham County Guardian (a weekly newspaper).

The material for the column was prepared by the Home Demonstration Agent. Timely, up-to-date information of interest and value to homemakers was included. A schedule of activities and news items were also included.



SECTION TWO **FRIDAY, NOVEMBER 5, 1954** **PAGE SEVEN**

FOR HOMEMAKERS

By MILDRED O. EATON
Home Demonstration Agent
Safford, Arizona.

I will be in the office all day Monday the 8th, Thursday, Friday and Saturday mornings in Graham County. You may wish to phone first if you wish to see me other times. Sometimes I'll be out in the field.

The fourth (and last) sessions of the Better Dress Classes will be held

November 9th at the Club House—Morenci, 9:30 a. m.
November 10—at home of Mrs. Melva Mulleneaux, 425 Church St., Thatcher, 9:30 a. m.

How safe is your home? What are you doing to cause accidents? To prevent accidents? How about checking and eliminating the hazards? Accidents are caused they don't just happen.

To prevent falls:

1. Stand on a safe step ladder.
2. Keep step and doorways cleared.
3. Avoid touching electrical con-bottom of stairways.
4. Apply less polish to slippery floors.
5. Watch your step—make haste slowly, wear low-heeled work shoes.

Use Equipment Carefully:

1. Follow directions for use of electric and gas equipment.
2. Disconnect appliances when not in use.
3. Avoid touching electrical connections or appliances when your hands are wet. It is dangerous.

Stop Burns and Scalds:

1. Keep handles of all cooking utensils containing hot liquids turned away from the edge of the stove or table.
2. Use holders to carry or lift hot containers.
3. Do all dry cleaning out of doors.
4. Open windows and allow no flame in the room when using inflammable liquids, such as turpentine, cleaning solvents, etc. Close off all rooms with a pilot on the stove.
5. Store oiled cloths in tightly covered boxes.

Freezing, when properly done is a most satisfactory method of preserving many fruits, vegetables and meats. More of the original flavor, color texture, and nutritive value is usually retained during freezing than when these foods are preserved in any other way.

Freezing doesn't add anything to the original qualities of the food. If these foods are to be of the highest quality when frozen they must be of highest quality in their fresh state. Well tested ways of preparing them for freezing must be carefully followed.

We have the following excellent bulletins on freezing of foods:

Home Freezers, Their Selection and Use.

Freezing of Fruits and Vegetables.

Freezing Meat.

Chicken in the Freezer.

Freezing Combination Main Dishes.

When Your Freezer Stops.

Why not write or call at the Extension office in Safford or Duncan for a copy of these bulletins that will be of value to you.

Freezing is not recommended for preserving all food products.

It may be more economical to store some foods, can some, and buy others at the market as needed. What to freeze must be decided on the basis of family needs and desires, on freezer space, and cost of storage and on other facilities available.

Some foods do not give satisfactory results when frozen. Tomatoes and potatoes come under this. They do not have a good texture after they are frozen. Tomato juice is satisfactory after freezing. In certain combination dishes, rice, both quick-cooking and regular, tends to be mushy when reheated after being frozen. Chocolate and cream pies are not satisfactory. They become curdled, lumpy and watery when thawed. Cornstarch and tapioca-thickened pies freeze well. Custard pie filling coagulate during freezing. It has been found that it is better to freeze pumpkin pie unbroken. Meringue tends to toughen, separate and stick to the wrapping.



PAGE TWO — SECTION THREE FRIDAY, NOVEMBER 19, 1954

FOR HOMEMAKERS

By MILDRED O. EATON
Home Demonstration Agent
Safford, Arizona.

A thorough clean-up before Thanksgiving Day is good insurance against loss of life, property, and time. A few hours spent now in cleaning out hazards may save time during your busy day.

A primary safety rule emphasized by the National Safety Council is—"A place for everything and everything in its place." A recent Council study of hospitalized home accident cases showed that the largest single cause of injuries, other than poor judgment, was disorder. In fact, disorder was responsible for putting one out of every five accident victims in the hospital.

Remove trash accumulations such as papers, rags and rubbish, scattered boxes and boards that may have accumulated from basement to attic. Medicines, drugs, and insecticides should be clearly labeled and kept out of the reach of children.

Check through the kitchen, the stairs, and other places where things may accumulate to be stepped on or fallen over.

Play safe don't wear your fluffy garments in the kitchen. A fussy fabric—one that's knitted with a brushed-up nap and has air spaces around the lightweight fibers—burn more readily than a closely woven fabric.

Different fabrics burn differently. Wool fabric will smolder but seldom flame. Rayon or cotton material which hasn't been treated for fire-resistance is more of a fire hazard than other fabrics. It will flame and continue to do so until put out. Acetate garments also will blaze up. Nylon, orlon and dacron will melt rather than flame when they come too close to excessive heat. This means that they are ignited more slowly, however a person wearing a garment of one of these materials is likely to be burned by the hot, glassy beads which form when the fabric melts. You can't make sure that a particular garment won't burn unless the manufacturer's label says so. But remember, play safe by keeping the fluffy and fuzzy fabrics out of the kitchen.

The development of synthetic fibers has been a boon to the woman who dislikes pressing, even after laundering. Frequently however, a lovely garment has literally melted away because of incorrect pressing.

Pressing combines the effects of heat, moisture and pressure on a fabric. The amount of each required depends on the fiber content and the construction of the

fabric. The most satisfactory method of determining the amounts of each of these elements needed for an individual fabric is to experiment on a small piece, or on the edge of a wide seam.

The temperature control on most irons gives indications for rayon, wool, cotton and linen. The "rayon" setting on all but the newest irons is comparable to the acetate temperature given in the following table. Until 1952, acetate was classified as rayon but now the term "rayon" on a label refers to viscose and Bemberg, only, and these fibers may be ironed at a cotton setting. The temperature control on most irons is 180 to 550 degrees F.

Press fabrics at these temperatures:

Dynel, 200 degrees F.
Acetate, 250 degrees F.
Nylon, dacron, orlon, acrilan and vicara, 275-325 degrees F.
Silk, 350-325 degrees F.
Light weight cotton and rayon, 400-450 degrees F.
Wool pressing, 450-500 degrees F.
Heavy cotton, rayon and linen, 500-550 degrees F.

A steam iron should be used cautiously on the synthetic fibers. Inasmuch as dynel has a very low melting point (250 degrees F.) a steam iron should never be used on this fiber.

Blended fabrics made of one or more of the synthetic fibers and a natural fiber complicate the heat control problem. Many of the wool blends require very little pressing, but the greater the wool content, the more pressing required. A steam iron or a dry iron and a damp pressing cloth can be used for this pressing. The general rule to follow when pressing the blends is to keep the iron setting suitable for the fiber that requires the lowest temperature. However, when using a damp pressing cloth and a dry iron, the moisture in the cloth will quickly reduce the temperature. Wool fabrics and wool blends shouldn't be pressed until they are completely dry.

If you use an electric extension cord when you're working around machinery or in damp locations, be sure the cord has a substantial rubber covering that's free of breaks.

If you're doing a lot of home sewing, you'll find that a small magnet is a handy gadget to have around to pick up the pins and needles you drop.

Before cutting material that ravel easily, try marking around the pattern with a wax crayon. By cutting on the line you've made, the material won't ravel.

Cut buttonholes without any

worries. Put a small piece of mending tissue between two thicknesses of material and press them with a hot iron. Then cut out the buttonholes.

Paprika is the secret for a mouth-watering, golden brown crust that makes fried chicken look so tempting. Mix paprika for its color, and salt and pepper for the seasoning with the flour you use to roll the chicken in, and use enough of the paprika to give the crust a good color. Fry the chicken slowly. This allows the crust to brown crisply without scorching. I also like to use a dash of paprika over the surface of steak and roasts.

For quick defrosting of frozen food, place in a plastic bag and hold under water. Flavor and juices are retained this way.

A piece of apple in a brown sugar jar will keep the sugar from drying out and lumping.

This fall's big offering of walnuts, almonds, filberts, and dried prunes plus more dates than usual suggest fruit cookies and fruit cakes. A tasty sandwich filling which the children will like can be made from ground (cooked) prunes and nuts with a bit of salad dressing. A small amount of sugar may be desired if it wasn't added while the prunes cooked.

Leave vegetables and macaroni underdone for freezing. If cooked well done, these foods are likely to be too soft when reheated.

Try Yummy Balls for a Dinner Treat This Week: To make them, take one pound of ground beef, ½ pound of ground lean pork, one small minced onion, ½ cup of uncooked rice, one can of condensed tomato soup, ½ cup of cracker crumbs, one lightly beaten egg, and salt and pepper. Mix these ingredients together and shape into balls about the size of golf balls. Pile them into a well oiled casserole. Then pour tomato soup that has been thinned with a little water over the meat balls. Bake them in the oven for one hour at 375 degrees F. This makes about eight servings.

Results

Homemakers have indicated their interest in the material in the column. Questions have been asked as an outgrowth of this material.

Radio

The home demonstration agent participated in five 15 minute radio programs.

Two of the programs were shared with the county agent. In one she discussed 4-H club work, in the other she discussed the cooking of turkeys.

One program was share with the State Leader of Home Economics Extension Work and two superintendents of home economics exhibits for the County Fair. The discussion was on the fair exhibits.

Two programs were given entirely by the Home Demonstration Agent. Discussion was on selection and buying of turkeys, freezing of foods, ways of using leftovers, play needs of small children and Arizona's representatives at National 4-H Congress.

PROJECTS

Food Preservation & Storage

A leader training meeting was held for food leaders for the lesson "Making Your Home Freezer Work For You" by Mrs. Elsie Morris, Foods Specialist, University of Arizona. Information on the principles of freezing, selection and use of wrapping and containers, preparation of fruits, vegetables and meats for freezing, freezing and storage was given. During a laboratory period eggs, corn, chilies, peppers, hamburger and bananas were prepared for freezing. Assistance was given the leaders in planning for the giving of this lesson at their club meetings.

Mrs. Morris spent one day planning this lesson with the home demonstration agent and the collecting of supplies and equipment.

The home demonstration agent assisted with the planning, the collecting of equipment and supplies, and in conducting the leader school.

The home demonstration agent gave the lesson on "Making Your Freezer Work For You" for members of one club which wasn't represented at the leader training meeting. In this lesson she followed the plan set up at the school on lesson content and a laboratory period. The homemakers were given an opportunity to prepare eggs, corn, fresh coconut, hamburger, chili peppers for freezing. Leaflets and bulletins on freezing of foods were distributed.

The Home Demonstration Agent gave assistance to homemakers on the preparation of foods for freezing when they phoned or called at her office. She included information in her weekly newspaper columns and radio talks. Bulletins and leaflets were sent or given the homemaker. Most of the questions were on the freezing of vegetables and cooked or baked foods.

The Home Demonstration Agent gave a talk on the "Freezing of Meat" at the October meeting of the Graham County Cowbells.

Three leaders gave the freezing lesson to homemakers attending two club meetings. The Home Demonstration Agent included information on selection, preparation and buying of foods, and guides for judging quality of foods in her weekly newspaper column.

Results Achieved

The ladies attending the meeting have a better understanding of

- (1) Suitable wrappings and containers to use and how to use them in freezing;
- (2) Principles involved in the freezing of foods;
- (3) That it is more economical to keep a freezer full;
- (4) To plan their freezer contents so they can keep it full of the most important foods.

Homemakers clipped the score guides from the home demonstration agent's column to be used as a guide in preparing their food entries for the 1955 Fair.

Health & Safety

Informational materials on "Safety in the Home" were lent to a leader to use in preparing her lesson for her Relief Society class of the L. D. S. Church.

The home demonstration agent included information on home safety in her newspaper column and urged homemakers to be especially careful to avoid accidents during the holiday season.

Home and Textiles

Better Dress Project

Miss Helen Church, clothing specialist, University of Arizona conducted four leader training meetings on Better Dresses. During the four sessions each lady selected materials and patterns, altered their patterns, and made a dress for best wear. Construction processes, alteration of patterns and fitting was demonstrated and explained.

Eleven leaders attended the training meetings on Better Dresses. Five of the ladies attended all four sessions. Five of the ladies were 4-H club leaders.

The leaders gave the lessons on Better Dresses to members of their clubs during October and in special sessions during November.

County Fair

Homemakers in this area entered garments and household arts and crafts in the home economics exhibit during the county fair.

Three ladies were in charge of the clothing and household arts exhibits during the fair. They accepted the entries, looked after them during the fair and checked them out again.

Miss Helen Church, Clothing Specialist, judged the clothing and household arts and crafts.

The home demonstration agent included information in her column on points considered by the judges in judging articles at the fair. She suggested that the ladies use this as a guide in evaluating their own exhibit and in making their exhibit for the 1955 fair.

Talks

The Home Demonstration Agent gave a talk on "Care of the Sewing Machine" for the L. D. S. Layton 2nd Ward Relief Society. She showed the ladies how to take their machines apart and clean it with a brush. She discussed further cleaning and oiling.

Results Achieved

The eleven leaders who attended the leader training meeting have completed their dresses.

No information is available at this time on the number of garments which have been completed by ladies being trained by the leaders.

The L. D. S. ladies want to bring their machines to a clinic on "Cleaning and Adjusting the Sewing Machine" which will be held by the home demonstration agent next year.

Homemakers clipped articles from the home demonstration agent's column on points considered by the fair judges. They plan to use this as a guide in preparing articles for their 1955 fair entries.

OUTLOOK

The Better Dress Leaders will continue giving assistance to other homemakers on selection, altering, construction and fitting problems.

Plans are being made to hold a County Dress Review in the Spring, as soon as all garments in this year's project have been completed.

The five 4-H Club leaders who attended the Better Dress training meetings will be able to give their 4-H clothing girls better and more assistance with their 4-H garments this coming year.

Homemakers will have an opportunity to gain assistance through the 1955 program:

- (1) In selecting clothes which will be more becoming to them as individuals;
- (2) In planning, selecting and making decorative stitches and trims;
- (3) In putting their sewing machine in a good working condition and in keeping it in that condition;
- (4) In planning menus to meet the needs of each member of their family;
- (5) In better planning, selecting and buying foods;
- (6) In making their homes more attractive and making use of things they already have (renovation of furniture);
- (7) In knowing where their money goes through keeping home accounts;
- (8) In learning time saving and economical laundry methods;
- (9) In understanding how and when to administer first aid.

RECOMMENDATIONS

1. That the County Council have a third meeting each year in January or February for the purpose of:
 - (a) Getting better acquainted with each other, with their program, and with the home demonstration agent.
 - (b) Discussing the program and assist in planning for carrying it out in the county.
 - (c) Understanding their program of work and feel a responsibility and their part as county leaders.

2. That the home demonstration agent's handbook revised and brought up-to-date;
 - (a) to include information to guide all extension workers as well as new agents in the state;
 - (b) so there is one place an agent can find information to guide her with all acceptable and preferred procedures in the Extension Service;
 - (c) each time policies and procedures are changed that they be sent out to the county office in a form that the old can be removed and the new inserted in its place.
3. An effort be made to help the club officers and leaders assume responsibilities for getting their reports in to the office in time for the home demonstration agent to use the information in the monthly report.
4. That long time goals and program plans be made as well as those for the current year so that -
 - (a) Extension work be continuous, and
 - (b) Program lessons and activities follow through from year to year until that phase desired by the homemakers be completed and thus avoid repetitions or loss of meeting time to review background and principles covered 2 or 3 years before.

S U M M A R Y
GRAHAM COUNTY 4-H CLUB REPORT
1953-1954

OBJECTIVES AND GOALS

1. To make 4-H Club Work available to all boys and girls in the county.
2. To guide 4-H members and leaders in selecting, purchasing, and making well-designed well-constructed clothing from good quality fabrics.
3. To encourage 4-H club members and leaders to use recommended methods of food preparation and buying.
4. To encourage 4-H members to have regular physical and dental examinations and form good health habits.
5. To guide 4-H members to participate and cooperate in community activities.
6. To encourage boys and girls to use safety precautions.
7. To enjoy playing as well as working together.

COUNTY SITUATION

There are 11 communities in the county recognized on the basis of rural population. There were 4-H clubs organized in six of these communities this year.

Approximately 2,819 boys and girls of 4-H club age live in the rural and urban areas.

Other youth groups (besides 4-H clubs) in the county are - Boy Scouts, Rainbow Girls, Future Farmers and Future Homemakers, and church groups.

Recreational facilities in the county are limited mainly to schools, churches and the movies. The county seat town had a summer recreational program. The churches and schools in each community serve as centers for many interests and are always available for use of 4-H clubs, but most of the meetings are held in the homes of the members and leaders. Each school has its own library, and there is a town library in Safford.

Hospital facilities are limited. There isn't a county health nurse. The county doctor serves only when called upon by the court or welfare department. Many of the schools do have a health nurse.

There is a definite lack of people willing to assume responsibilities as club leaders. This is partly due to the intensive church program carried on by some denominations. There are several groups of girls who would like to be in club work if a leader could be secured.

ORGANIZATION AND PLANNING

10 clubs in 6 communities were organized for 4-H club work. 5 of these clubs in 3 communities carried home economics projects, while 4 in 3 communities carried agriculture projects. One community club had both home economics and agriculture projects. One community had 3 home economics and 1 agriculture club.

5 men and 7 women supervised and directed activities and project work of the 10 clubs. 2 boys and 1 girl acted as junior leaders.

37 girls and 47 boys were enrolled in 40 home economics and 92 agriculture projects.

Clubs, enrollments and leaders were as follows:

Thatcher Fashion Girls - lead by Mrs. Cressa Nelson - 6 girls
Thatcher Sewing Stitchers - Mrs. Virginia Thompson - 7 girls
Thatcher Jolly Cooks - Mrs. Paul Winkler - 6 girls
Eden Community Club - Mr. & Mrs. Lamar Kempton - 5 boys & 6 girls
Bylas - Miss Grace Dean & Mrs. Mary King - 9 girls
Pima Pin and Baste - Mrs. Ruth Watson & Mrs. Nellie Mortensen - 5 girls

The Eden Club carried both home economics and agriculture projects.

There were agriculture clubs organized with leaders.

All clubs were organized during the Fall months. Program and activities were planned for the entire year.

All home economics clubs, with the exception of the Bylas (Indian Club) have invited their mothers to attend one or more of their meetings during the year. This has been a good means of increasing parent interest and support.

The three clubs in Thatcher and one in Eden are sponsored by the Homemakers Clubs in those communities. Local farm organizations have been very cooperative in giving financial assistance with 4-H club work. The County Farm Bureau and Gila Valley Soil Conservation District provided funds for taking adult leaders and transportation of all delegates to State Roundup.

The Eastern Arizona Junior College Home Economics Department was available for home economics contests held in April. The college girls in the foods classes assisted in preparation of judging rings under the supervision of their instructor.

A home economics contest was held in April to select delegates from the county to the State 4-H Roundup in June. Since there were only three older members participating, most of the contest was between the younger members. Each club was represented.

The home demonstration agent trained the Roundup delegates in addition to the training given by the leaders.

The Agriculture clubs met each Saturday during April and May to compete in judging contests. These contests were conducted by the County Agent and club leaders.

Training Meetings

5 training meetings were held to assist leaders with organization and subject matter problems - 1 clothing school, 1 dairy judging, 1 live-stock judging, 1 tractor maintenance and 1 room improvement school.

5 4-H leaders attended the four sessions of the adult 'Better Dress' School.

All clothing leaders were given training at the same time the homemakers were given the lesson "4-H Club Seams and Finishes". Illustrative material of the various articles, seams and finishes used in the different years of club work was made up. These were shown and the techniques demonstrated. Kits of material were loaned to each 4-H clothing leader.

Foods leaders were given individual assistance as it was needed.

A room improvement school was held for the leaders of the two clubs who will be carrying projects this coming year. Two adult and one junior leader attended the training meeting. Assistance was given in understanding the project requirements, ways of making, and variety of possibilities for, making the different articles and meeting the requirements. Plans were made for the home demonstration agent to train one girl from each club who will in turn give training on making of beds to members of her club.

County 4-H Leader's Meetings

The Home Economics and Agriculture 4-H adult leaders and junior leaders met with the County Agent and Home Demonstration Agent in February to discuss activities for the year. Plans were discussed and made for participation in National 4-H Club Week.

A County 4-H Council was formed with Russell Lundell as president, Mrs. Cressa Nelson as vice-president, and Lamar Kempton as secretary-treasurer.

A second meeting of the County 4-H Leaders Council was held October 26 in the County Extension Office, with the acting State- 4-H Club Leader, Mrs. Ellen Kightlinger, the County Agent, Home Demonstration Agent, and 8 leaders present. Plans for reorganization of clubs and project requirements were discussed. A score sheet for rating the clubs and their work was presented to the leaders. After discussion each leader voted on the home economics club and agriculture club they felt had done the most outstanding work during 1953-1954. A committee was appointed to evaluate the score sheet and set up one to be presented to the leaders at their next meeting.

4-H Leaders Conference

Six leaders and junior leaders and the county agent attended the Sixth Annual State 4-H Leaders' Conference on the campus at Arizona State College, Flagstaff. This was the first of these conferences for three of the leaders.

The program included workshops on demonstrations, judging, recreation, record keeping, and national contests. Each day the program opened with group singing and a talk by Miss Fern Shipley from the Washington Extension Office. During group discussion the leaders had an opportunity to discuss their problems with leaders from other counties. Programs for the coming year were planned.

This conference was financed by the Sears Roebuck Foundation.

4-H Club Camp

Eleven boys and the County Agent attended the 4-H Camp on Mt. Lemmon near Tucson with 114 boys and girls from counties in southern and eastern Arizona, August 16-21. Emphasis was on craft work which included ceramics, leathercraft, and basket weaving.

The County Agent served as K. P. Supervisor, helped instruct a class in outdoor cookery, and evening recreation.

The 4-H members attending camp assisted with a radio program the day they returned from camp.

National 4-H Club Week

The Thatcher girls gave 4 demonstrations for the Thatcher Homemakers Club. and made a window display of their work. Pima girls had a window display.

Two radio programs were given and articles put in the local newspaper.

Eden boys and girls gave demonstrations for the Safford Rotary Club.

National 4-H Sunday

National 4-H Sunday was observed in two communities on May 23. Announcements were made in the church bulletin and during the service. 4-H members sat together and were recognized as a group by the pulpit.

National 4-H Congress

The County Agent attended National 4-H Congress in Chicago as a chaperone for the 9 4-H girls and 6 4-H boys from Arizona.

Results Achieved

62 (29 boys and 33 girls) of the 86 (49 boys and 37 girls) enrolled completed requirements for achievement.

36 of the 40 home economics projects were completed. 49 of the 92 agriculture projects were completed.

13 leaders attended the February meeting and 8 (5 home economics) attended the October county meeting of 4-H club leader.

The club program ran smoother due to the early planning of the programs. Members and leaders weren't rushed to get all requirements met, and interest was held through the year.

43 members and leaders from all 6 clubs participated in the county home economics contests in April. 23 girls gave 15 demonstrations.

10 girls entered 6 contests at the State Roundup. Three blue and 3 red ribbons were received. One demonstration won a gold medal for top place in the junior individual clothing demonstration. The girls on the junior clothing judging team received a first and second place ratings in the state contest for high individual placing.

The Thatcher Fashion Girls lead by Mrs. Cressa Nelson was voted as the most outstanding home economics club this past year. The Thatcher Cowboys lead by Russell Lundell was voted the most outstanding agriculture club. A traveling cup trophy was presented to each club to hold for one year.

PROJECT WORK AND ACTIVITIES

Local club programs were written for the year with necessary changes and additions made as the year progressed.

The Eden Club was the only one that had regular joint meetings with both agriculture and home economics projects. This club met once a month, with a separate project meeting to suit the time of the members and leaders.

Home Economics

19 girls were enrolled in the first year clothing projects
1 girl was enrolled in second year clothing project
7 girls were enrolled in third year clothing projects
9 girls were enrolled in the fourth year clothing projects

2 girls were enrolled in the first year foods projects
6 girls were enrolled in the second year goods projects
0 girls were enrolled in the third year foods project
2 girls were enrolled in the fourth year foods projects.

Information

Girls in the 4th year clothing were encouraged to use rayon and acetate fabric in making their weskits, so that they would have experience with this type of material, before starting their dresses. Bound buttonholes were made by these girls for the first time.

Material in clothing kits were used by the leaders as a guide throughout the project work. One club used the kit at a meeting when the mothers were the guests, as a means of gaining the cooperation and understanding of the mothers.

A tour of Safford stores was conducted by the Home Demonstration Agent for the 3rd and 4th year clothing girls and leaders. The managers cooperated by explaining terms, labeling, etc. This study included buying of knitted wear, cottons, rayons, and other synthetics.

Members of one club prepared and served a luncheon to their mothers, leader and the Home Demonstration Agent. This was planned as a part of their first and second year foods projects.

One club visited a Safford shoe store to learn from the manager what to look for in buying shoes.

Members of the Thatcher Fashion Girls had a health examination.

Work of the Home Demonstration Agent

The Home Demonstration Agent prepared the clothing kits for the use by the club leaders.

When the Home Demonstration Agent visited the individual clubs she explained the project requirements, showed illustrative material and explained the progressive steps in sewing.

The Home Demonstration Agent conducted a tour of stores in Safford for the 3rd and fourth year clothing girls and their leaders. She made arrangements with store managers to explain terms, labeling, etc. The Home Demonstration Agent explained things to look for in buying slips, panties, hose, foundation garments, and dresses studied.

The Home Demonstration Agent and County Agent devoted several of the weekly radio programs to 4-H club work with members and leaders appearing when possible.

Agriculture

All agriculture clubs included one meeting a month on tractor maintenance as part of their program each month. This meeting was held at various implement dealer's show rooms in Safford. The technical part of the lesson was given by the mechanic and the quizzes by the leaders.

All clubs judged in the picture contest in their club besides competing on a county-wide basis for teams to represent the county at State events.

One club won first place on a tractor maintenance float at the Rex Allen Day. The club represented the county club, but it was all their members that did the work.

The movie projector was used a good many times this year to show movies of agricultural interest to 4-H members.

One club did outstanding work with the recreation activities. They received the recreational blue award.

Junior leaders and leaders combined to make written club plans for each club.

A County 4-H Tractor Rodeo was held in April. More than 20 boys took part in the events. Prizes were furnished by the tractor company and awarded at the close of the contest. Leaders assisted with conducting the rodeo. Agriculture teachers of the Gila Valley were judges for the driving competition and each tractor company furnished a judge for the maintenance on its own particular tractor. Record books were judged by the General Petroleum Company Dealer in Safford.

4-H Finish-up

A letter and copy of 4-H club requirements for completion of all projects and club completions were sent to each leader in the county.

The agriculture 4-H achievement program was held at the county fair this year. Pins and certificates were presented to all members who had completed their work.

90% of the 4-H club members exhibited at the fair. The other 10% had sold their projects or they were not in condition to show at the fair.

Results - County

Special honors and awards were received by agriculture members.

Lorraine Kempton (Eden Community Club) won the beef showmanship contest.

Dale Crockett (Pima), Eddie Carpenter (Eden), and Don Lundell (Thatcher) received the three registered Holstein Heifers from the Sears Roebuck Foundation.

Don Lundell (Thatcher Cowboys) - poultry metal

Dwight Lundell (Thatcher Cowboys) - poultry metal

Don Lundell, Eddie Carpenter, Paul Bryce, and Ross Tyler - Tractor Maintenance

Thatcher Cowboys Club - Recreation Cup

Thatcher Cowboys Club - Traveling cup for best agriculture club

Henry Hughes (Thatcher Cowboys) - Individual recreation award

SAFFORD JUNIORS SHOW SKILLS



► Maryleen Nelson, 13-year-old Thatcher girl, showing off the semi-tailored dress which won the champion award in the 4-H Club division at Safford. She is a fourth-year 4-H Club member.

MARYLEEN NELSON, 13-year-old Thatcher girl, won the champion award in the 4-H Club division of the Graham County Fair at Safford, Oct. 15-17, on an excellently-fashioned semi-tailored dress.

Another top winner in the girl's division was Pauline Delma, a Bylas girl, who exhibited a top-quality drawstring apron. She was awarded a special merit ribbon.

Blue ribbon winners in foods and clothing were:

First year clothing — Georgia Moses, sewing box; Evangeline Kentan, mitt; Ann Lofegreen, stuffed toy; Pauline Delma, apron. Third year clothing — Jean Douglas, dress; Roselynn Brown, shorts and sport shirt. Fourth year clothing — Maryleen Nelson, suit and weskit.

First year foods — Karen Kempton, biscuits. Second year foods — Patsy Hunt, cookies; Evelyn Sulber-

lin, cookies; Clara Hancock, muffins.

In the competition for best girl's record books for the current year, Joan Follett won the top award. She also won the blue ribbon for having the best secretary's book in a 4-H Club.

John Lundell had the best record book among the 4-H Club boys.

Ratings on Home Economics Exhibits at County Fair

<u>First Year Clothing</u>	<u>Sewing Box</u>	<u>Stuffed Toys</u>	<u>Pot Holder</u>	<u>Mitt</u>	<u>Apron</u>
Gloria Moses (Bylas Club)	1				
Ann Lofegreen Thatcher Fashion Girls	2	1			3
Connie Mickleson - Sewing Stitchers	3	3			
Evangeline Kenton - (Bylas)		2	1	1	
Loretta Wilson (Bylas)			2	1	
Emily Pike			3		
Pauline Delma (Bylas)					1
Regna Ummroy (Bylas)					2

<u>Second Year Clothing</u>	<u>Garment Protection</u>	<u>Cotton Skirt</u>	<u>Cotton Blouse</u>
Judy Larson	3	3	3

<u>Third Year Clothing</u>	<u>Dressy Cotton Dress</u>	<u>Shorts</u>	<u>Sport Shirt</u>
Joan Douglas (Eden Club)	1		
Karla Turner (Fashion Girls)	2		2
Roselyn Brown (Fashion Girls)		1	

<u>Fourth Year Clothing</u>	<u>Semi-tailored Dress</u>	<u>Weskit</u>	<u>Childs Garment</u>
Maryleen Nelson (Fashion Girls)	1	1	
Joann Follett (Pin and Baste)	2		
Majorie Farnsworth (Pin and Baste)	3	3	
LoAnn Allen (Fashion Girls)		2	
Kay Crockett (Pin & Baste)			2
Margaret McBride (Pin & Baste)			3

<u>First Year Foods</u>	<u>Menu Poster</u>	<u>Biscuits</u>	<u>Biscuit Variation</u>	<u>Cooked Eggs</u>
Malena Douglas (Eden)	2			2
Karen Kempton (Eden)		2	1	

<u>Second Year Foods</u>	<u>Menu Poster</u>	<u>Muffins</u>	<u>Peanut Butter Cookies</u>	<u>Oatmeal Cookies</u>
Alberta Carpenter (Eden)	2	3	3	3
Clara Hancock (Jolly Cooks)		1		
Marlena Douglas (Eden)		2		
Patsy Hunt (Jolly Cooks)			1	2
Evelyn Sutherlin (Jolly Cooks)			2	1

STATE

Nine girls in home economics contests were trained and taken to State 4-H Club Roundup in Tucson June 1 - 5, 1954. These girls and boys of the county were accompanied by Leaders Mrs. Cressa Nelson, and Mr. Russell Lundell of Thatcher and Mr. Lamar Kempton of Eden, and the county agents. The girls were entered in six contests and were given the following awards:

DEMONSTRATIONS

Junior Food Team

Karla Turner

Roselyn Brown Preparing Cream Pie Filling and Meringue Blue

Junior Clothing

Joan Follett

Margaret McBride Taking Personal Measurements Red

Junior Clothing - Individual

Maryleen Nelson - Covering A Belt Buckle Blue
Medal for top place

Dress Revue

Jean Douglas - Best Dress Red

JUDGING

Junior Foods

Alberta Carpenter

Karla Turner

Roselyn Brown Red

Junior Clothing

Nedra Daley

Kay Crockett

Joann Follett Blue

Lynn Black (Ft. Thomas Club) received a \$200 Standard Oil Company scholarship.

State Fair

Articles made by the following girls were sent to State Fair for judging and exhibit.

First Year Clothing

Loretta Wilson (Bylas Club) - Mitt - blue ribbon

Evangeline Kenton (Bylas) - Mitt - blue ribbon

Gloria Moses (Bylas) - Unequipped Sewing Box - red ribbon

Ann Lofegreen (Thatcher Sewing Stitchers) - red bibbons on unequipped sewing box and a toy.

Third Year Clothing

Jean Douglas (Eden Club) - red ribbon on her cotton best dress

Fourth Year clothing

Maryleen Nelson - Thatcher Fashion Girls 0 blue ribbons on her weskit and semi-tailored dress

LoAnn Allen - Thatcher Fashion Girls - blue ribbon on her weskit

Joann Follett - Pima Pin and Baste Club - red ribbon on her semi-tailored dress.

OUTLOOK

Four home economics clubs have already organized for project work. Other clubs will organize as soon as leaders can be found.

Through the work of the county 4-H leader's council, the county program, and as a result the club program, should be stronger this year.

Three clubs have already evaluated their past year club program and are planning an even better program for the coming year.

The continuance of outside assistance such as the Heifer program, financing of trips by Sears Roebuck Foundation, the Swine Program, and the Tractor program by local dealers will help strengthen and broaden the program.